

Lyminster Primary School

P.E. Curriculum 2023-2024

Outdoors

Hall

Swimming Pool

	Reception	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
AUTUMN 1	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics
	Dance	Dance	Dance	Fitness	Swimming	Gymnastics	Gymnastics
AUTUMN 2	Athletics	Multi Skills	Multi Skills	Football	Swimming	Netball	Basketball
	Dance	Dance	Dance	Dance	Gymnastics	Gymnastics	Gymnastics
SPRING 1	Multi Skills	Team Games	Team Games	Hockey	Swimming	Hockey	Hockey
	Dance	Gymnastics	Gymnastics	Dance	Dance	Dance	Dance
SPRING 2	Multi Skills	Team Games	Team Games	Team Games	Swimming	Football - field	Football - field
	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Dance	Dance	Dance
SUMMER 1	Small sided ball games	Athletics – field?	Athletics – field?	Athletics - field	Athletics - field	Athletics - field	Athletics - field
	Gymnastics	Fitness	Fitness	Gymnastics	Swimming	Badminton	Badminton
SUMMER 2	Small sided Games	Athletics – field?	Athletics – field?	Striking/Fielding - field	Swimming	Tennis	Tennis
	Gymnastics	Badminton	Badminton	Badminton	Striking/fielding- field	Fitness	Fitness